

# DEANA MUÑOZ

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Newly minted occupational therapist with a passion for occupational justice and cultural responsiveness in mental healthcare. Experienced with adolescent and adult behavioral and mental health practice in both inpatient and outpatient settings.

## Education

**MASTER OF OCCUPATIONAL THERAPY**, Colorado State University (July 2019 – August 2021)

**BACHELOR OF ENGLISH, BACHELOR OF HISTORY**, Duquesne University, Cum Laude (August 2008 – December 2012)

· *Student Diversity & Unity Award* (2008), Office of Multicultural Affairs

## Fieldwork Experience

● **Level IIB:** STAR Institute (Group Pediatric Outpatient Sensory and Behavioral Health), Centennial, CO. Summer 2021.

*Duties:* Support twice daily school-readiness group of 6-9 children with sensory needs, develop daily school-based activities to support group goals, keep daily notes and submit individual progress reports to schools and parents.

Monitor and assist adolescent cooking classes and Dungeons & Dragons social group. *Supervisor:* Vin Ferrari, OTR/L.

● **Level ID:** Sensory Processing 4 Kids (Pediatric Outpatient Sensory and Behavioral Health), Denver, CO. Spring 2021.

*Duties:* Observe and support pediatric sensory-based intervention for individual outpatient clients. Complete structured observations, discuss feedback with educator. Assist with set-up and cleaning. *Supervisor:* Adrienne Nichols, OTR/L.

● **Level IIA:** Denver Health Medical Center (Inpatient Psychiatric Unit), Denver, CO. Summer 2020.

*Duties:* Design and implement daily group occupational therapy interventions to adult and adolescent populations with acute psychiatric illness, including life skills, discharge-planning, leisure, and wellness recovery action planning. Augment state materials for forensic psychiatric patients awaiting competency restoration. Complete assessments (ACL, CPT, KELS, Cognistat) and sensory assessments. *Supervisor:* Melissa Weiser-Rose, OTR/L.

● **Level IC:** Sunrise Community Health Center (Community-Based Feasibility Study), Greeley, CO. Spring 2020.

*Duties:* Observe occupational therapy assessments and interventions, monitor for safety and adapt activities to client abilities during therapeutic yoga, assist with creation and delivery of occupational therapy interventions, research and design resource guides for clients, work as part of a multidisciplinary team. *Supervisor:* Karen Adler, Ph.D., OTR/L.

● **Level IB:** Denver Health Medical Center (Inpatient Psychiatric Unit), Denver, CO. Spring 2020.

*Duties:* Participated in and observed group-based occupational therapy treatments for adult clients with acute psychiatric illness. Complete SOAP note for two clients each day for feedback. *Supervisor:* Melissa Weiser-Rose, OTR/L.

● **Level IA:** Seven Lakes Memory Care (Residential Facility), Loveland, CO. Fall, 2019.

*Duties:* Observe group leisure and task-based groups. Participated in equine-based therapy and provided safety assistance to participants. Designed and led sensory-based group activity *Supervisor:* Jacob Lapp

## Professional Experience

● **RESEARCH ASSISTANT** Colorado State University, Fort Collins, CO / Aug 2020 – May 2021

*Duties:* Recruit participants, administer pre- and post-assessments, analyze data using SPSS, develop educational client materials, and assist with delivery of a 9-week intervention intended to improve the health and well-being of low-income individual with Type 2 Diabetes. *Supervisor:* Karen Adler, Ph.D., OTR/L.

● **STUDENT SUCCESS COORDINATOR** Colorado Early Colleges, Fort Collins, CO / Aug 2019 – June 2021

*Duties:* Work with adolescents to improve academic performance in one-on-one sessions, address executive functioning and study skills, assess learning needs, collaborate with supervisor and support staff to give feedback to teachers, suggest modifications or adaptations for student assignments. *Supervisor:* Abra Houchin

- **FRONT DESK SUPERVISOR**, Eger CPA, Fort Collins, CO / Feb 2018 – Aug 2019

*Duties:* Manage flow of information and documents through office to ensure timely delivery of projects, market services in community, create service proposals for new clients, oversee client on-boarding process. *Supervisor:* Dawn Eger

- **HOME HEALTH AIDE**, Right At Home, Fort Collins, CO / September 2017 – Feb 2018

*Duties:* Assist people who are home-bound due to medical and/or mental health needs in activities of daily living, including dressing, bathing, cooking, and self-care. Provide compassionate companionship. *Supervisor:* Patti Walters

- **COMMUNITY OUTREACH COORDINATOR**, Greater Pittsburgh Food Bank, Pittsburgh, PA / Aug 2016 – Jul 2017

*Duties:* Create connections with community donors and partners, promote organizational goals and solicit funding, design, develop, and present annual fundraising events, request and manage donations, sponsorships, and volunteers for fundraising events. *Supervisor:* Traci Weatherford-Brown

- **DEVELOPMENT ASSOCIATE**, Greater Pittsburgh Food Bank, Pittsburgh, PA / Jun 2015 – Aug 2016

*Duties:* Engage and support GPCFB's donors, partner agencies, and community network, design tracking system to record and appropriately thank donors of all levels, manage mailings and appeals. *Supervisor:* Charla Irwin-Buncher

- **DEVELOPMENT ASSISTANT**, Kelly Strayhorn Theater, Pittsburgh, PA / Aug 2014 – Jun 2015

*Duties:* Write grant proposals and reports for national and local funders, assist with event planning, coordinate donations, vendors, and volunteers for annual fundraising gala. *Supervisor:* Janera Solomon

## Research

Atler, K.E., et al. (2021). Improving diabetes outcomes with a multimodal intervention for less advantaged adults with Type 2 Diabetes. *OBM Integrative and Complementary Medicine*. 1-29. (Second author; in publication)

## Licenses and Certifications

**LEVEL I MENTORSHIP**, STAR Institute / Certified May 2021

**BASIC LIFE SERVICES**, American Heart Association / Certified October 2021

**MENTAL HEALTH FIRST AID**, National Council for Mental Wellbeing / Certified September 2017

**AOTA Mental Health Fellowship Finalist**, University of North Carolina, 2021

## Student Leadership

2021 **Student Mentor**, Project SEARCH

2021 **Secretary & Founding Member**, DiverseOT Equity and Inclusion Student Group

2020-2021 **President**, CSU Student Occupational Therapy Group

2019 **Assembly of Students Delegate Representative**, CSU Student Occupational Therapy Group

2008 **Recipient of Student Diversity & Unity Award**, Duquesne University Office of Multicultural Affairs

## Community Service

**Fort Collins Rescue Mission / 2020**

- COVID response, prepare and serve meals to neighbors experiencing homelessness

**Moving Through Parkinson's / 2019**

- Assist community members with Parkinson's Disease during weekly dance classes to maintain mobility and foster social connections

**Harvest Fall Festival / 2019**

- Volunteer with SOTA for annual fall festival to raise funds for the Denver Rescue Mission

**Take a Break in the Dirt Respite / 2017**

- Work with children on Autism spectrum in outdoor day camp setting for 8 weeks

**Greater Pittsburgh Literacy Council / 2012**

- Tutor adults in reading & writing skills

**Volunteer Coordinator**, East End Cooperative Ministries from 2004-2008

→ In my spare time I like hiking with my dog, biking, gardening, cooking up a storm, & talking to folks about honeybees!